

Top of the Hill: The Goal

By Mahi Singh Gujral

Know your goal
And march to it.
Little by little
To the top of the hill!

Active in body, clear in mind
Diet and sleep, proper and right
Reach your goal, one step at a time.

Go as far as you can
As best as you can
You try your best
This is your success
Your personal best-
It brings a smile
A personal smile
An inner smile.

You could try to better
Your personal best
And better even that
And accept the rest.
That's the choice
Of the best who know
Your *effort* is the test

Effort brings joy, brings discipline
On which rests future success
Like rocks make the mountain
Like drops make the ocean
Like grains make the desert
Like steps reach the goal.